



POLICY 54: GOOD HANDWASHING

Frequent hand washing is one of the single most important things we can do to help to reduce the spread of infections and prevent ill health. For example, good hand hygiene in children will help to prevent the spread of common communicable infections such as colds and tummy bugs. Getting this message out to children will also help to influence their hand washing practices at home as well as at school. Encouraging children from an early age to wash their hands will help to ensure that this practice becomes a lifelong habit.

National Care Standard 3 – Each child or young person will be nurtured by staff who will promote his or her well-being, health, nutrition and safety.

When should children wash their hands?

At Balmore Kindergarten we encourage the children to wash their hands after going to the toilet, before having their snack, and if they have been coughing or blowing their noses.

How should children wash their hands?

Children should use warm water and soap from the dispenser.

- 1.They should wet their hands, and use 1 squirt of soap.
2. They should wash the palms and the backs of their hands.
3. They should wash between their fingers.
4. They should wash the tips of their fingers and their thumbs.
5. They should then rinse and dry their hands.

Policy updated on 29th April 2016

Manager's signature _____

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