**Balmore Kindergarten Menu – Week**

 

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| 0-3 departments | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week  |  Lentil soup with selection of sandwiches  |
| Lunch choice 1Lunch choice 2 - VPudding | Mac ‘n’ cheese with garlic breadCheese pizza with garlic bread Yoghurt/apple and tangerine | Chicken Curry with prawn crackersBeans on ToastCustard and pears/banana  | Lasagne and wedges with peas Fish fingers and wedges with peasSponge cake /watermelon and pineapple  | Cowboy PieBake potato with cheese/beansJelly/melon and apple  | Toast with scrambled egg Frozen yoghurt/banana and tangerine |
| Afternoon snack | Rice cakes and choice of spreads Babies - Mini rice cakes Fresh fruitfresh milk or water | Pancakes and choice of spreadsFresh fruitfresh milk or water. | Rich tea biscuits and yoghurt Fresh fruitfresh milk or water. | Croissants and choice of filling Fresh fruitfresh milk or water. | Sausage rolls/cheese rolls Fresh fruitfresh milk or water. |

