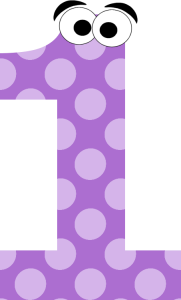
**Balmore Kindergarten Menu – Week**



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 0-3 departments | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week | Lentil soup with selection of sandwiches | | | | |
| Lunch choice 1  Lunch choice 2 - V  Pudding | Mac ‘n’ cheese with garlic bread  Cheese pizza with garlic bread  Yoghurt/apple and tangerine | Chicken Curry with prawn crackers  Beans on Toast  Custard and pears/banana | Lasagne and wedges with peas  Fish fingers and wedges with peas  Sponge cake /watermelon and pineapple | Cowboy Pie  Bake potato with cheese/beans  Jelly/melon and apple | Toast with scrambled egg  Frozen yoghurt/banana and tangerine |
| Afternoon snack | Rice cakes and choice of spreads  Babies - Mini rice cakes  Fresh fruit  fresh milk or water | Pancakes and choice of spreads  Fresh fruit  fresh milk or water. | Rich tea biscuits and yoghurt  Fresh fruit  fresh milk or water. | Croissants and choice of filling Fresh fruit  fresh milk or water. | Sausage rolls/cheese rolls Fresh fruit  fresh milk or water. |

