**Balmore Kindergarten Menu – Week**

 

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week  |  Lentil soup with selection of sandwiches  |
| Lunch choice 1Lunch choice 2 - VPudding | Chicken fried rice with prawn crackersSide sauceVegetable fried rice with prawn crackerSide sauceFruit salad with ice cream | Tuna Pasta with cucumber fingersPesto pasta with carrot fingersCupcakes and custard Fresh fruit  |  Finger buffetYoghurt and homemade biscuit With fresh fruit | Bangers and mash with gravyBake Potato with Cheese & beansJelly with fresh fruit  | Fish, chips and peasCheese Pizza and chips Ice lolly with fresh fruit  |
| Afternoon snack | Cheese and butter crackersFresh fruitfresh milk or water | Pancakes and choice of spreadsFresh fruitfresh milk or water. | Sausage/cheese rollsFresh fruitfresh milk or water. | Cheese twists and bread sticks with dips.Fresh fruitfresh milk or water. | Wraps with fillings Fresh fruitfresh milk or water. |

