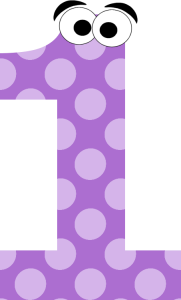
**Balmore Kindergarten Menu – Week**



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week | Lentil soup with selection of sandwiches | | | | |
| Lunch choice 1  Lunch choice 2 - V  Pudding | Chicken fried rice with prawn crackers  Side sauce  Vegetable fried rice with prawn cracker  Side sauce  Fruit salad with ice cream | Tuna Pasta with cucumber fingers  Pesto pasta with carrot fingers  Cupcakes and custard  Fresh fruit | Finger buffet  Yoghurt and homemade biscuit  With fresh fruit | Bangers and mash with gravy  Bake Potato with Cheese & beans  Jelly with fresh fruit | Fish, chips and peas  Cheese Pizza and chips  Ice lolly with fresh fruit |
| Afternoon snack | Cheese and butter crackers  Fresh fruit  fresh milk or water | Pancakes and choice of spreads  Fresh fruit  fresh milk or water. | Sausage/cheese rolls  Fresh fruit  fresh milk or water. | Cheese twists and bread sticks with dips.  Fresh fruit  fresh milk or water. | Wraps with fillings Fresh fruit  fresh milk or water. |

