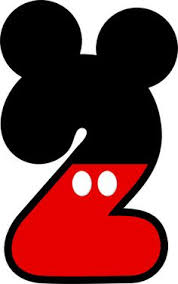
**Balmore Kindergarten Menu – Week**



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Lunch choice 1  (vegetarian option) | Lentil  with a Sandwich | Lentil  with a Sandwich | Lentil  with a Sandwich | Lentil  with a Sandwich | Lentil  with a Sandwich |
| Lunch choice 2 | Mac and Cheese with garlic bread and mixed veg  Fresh Fruit and yoghurt | Fish Cakes with boiled potatoes and pea’s  Fresh Fruit and yoghurt | Chicken curry and boiled rice with prawn crackers  Fresh Fruit and yoghurt | Pizza/ Tomato Pasta  and mixed veg  Fresh Fruit and yoghurt | Bangers and mash with carrots and onions  Fresh Fruit and yoghurt |
| Afternoon snack | Fresh Fruit  &  Crackers and cheese | Fresh Fruit  &  Filled wraps | Fresh Fruit  &  Yoghurt Cake | Fresh Fruit  &  Bread sticks and dips | Fresh Fruit  &  Pancakes |



**Fresh milk and water are offered with all meals and snacks, Water is available throughout the day**