**Balmore Kindergarten Menu – Week 3**

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| 0-3 departments | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week  |  Potato and leek soup with selection of sandwiches  |
| Lunch choice 1Lunch choice 2 - VPudding | Ham/plain omelette with veg Toast and beans Yoghurt/Banana and watermelon  | Cowboy PieMac and cheese with peasBiscuits/Apple and melon | Beef pot pie(Beef, carrots, peas with pastry)Cheese Pizza and garlic breadJelly /pears and tangerine | Fish Fingers and beansCreamy tomato pasta Crispy cake /Pineapple and banana | Cheese or Ham toasties with waffles Angel delight/apple and watermelon |
| Afternoon snack | Bagels with cheese or jam Fresh fruitfresh milk or water | Sponge CakeFresh fruitfresh milk or water | Breadsticks and selection of dipsFresh fruitfresh milk or water | Wraps with cheese or hamBabies/A/C – Crackers with butter/cheeseFresh fruitfresh milk or water | Digestive biscuits and yoghurtFresh fruitfresh milk or water |

