**Balmore Kindergarten Menu – Week 3**

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| 0-3 departments | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week | Potato and leek soup with selection of sandwiches | | | | |
| Lunch choice 1  Lunch choice 2 - V  Pudding | Ham/plain omelette with veg  Toast and beans  Yoghurt/Banana and watermelon | Cowboy Pie  Mac and cheese with peas  Biscuits/Apple and melon | Beef pot pie  (Beef, carrots, peas with pastry)  Cheese Pizza and garlic bread  Jelly /pears and tangerine | Fish Fingers and beans  Creamy tomato pasta  Crispy cake /Pineapple and banana | Cheese or Ham toasties with waffles  Angel delight/apple and watermelon |
| Afternoon snack | Bagels with cheese or jam  Fresh fruit  fresh milk or water | Sponge Cake  Fresh fruit  fresh milk or water | Breadsticks and selection of dips  Fresh fruit  fresh milk or water | Wraps with cheese or ham  Babies/A/C – Crackers with butter/cheese  Fresh fruit  fresh milk or water | Digestive biscuits and yoghurt  Fresh fruit  fresh milk or water |

