3

**Balmore Kindergarten Menu – Week**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Lunch choice 1(vegetarian)  | Scotch BrothWith a sandwich  | Scotch BrothWith a sandwich | Scotch BrothWith a sandwich | Scotch BrothWith a sandwich | Scotch BrothWith a sandwich |
| Lunch choice 2Pudding | Fish Fingers, Boiled potatoes & pea’s Fresh fruit with yoghurt | Mince and mashed potatoes with mixed vegFresh fruit with yoghurt | Stewed sausages with boiled potatoesFresh fruit with yoghurt | Chicken and Leek Pie with mixed vegFresh fruit with yoghurt | Lasagne and broccoli with garlic bread Fresh fruit with yoghurt |
| Afternoon snack | Fresh fruit&Filled sandwiches | Fresh fruit&Pancakes |  Fresh fruit&Crackers and cheese | Fresh fruit&Strawberry yoghurt cake  | Fresh fruit&Rice Cakes |



**Fresh Milk and water are offered with all meals and snacks, Water is available throughout the day**