**Balmore Kindergarten Menu – Week 3**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week  |  Roasted beetroot soup with selection of sandwiches  |
| Lunch choice 1Lunch choice 2 - VPudding | Chicken pasta with garlic breadPizza bagels with garlic breadYoghurt with homemade biscuits and fresh fruit  | Sweet potato Caribbean curry served with rice and nan breadJelly and fresh fruit  | Mexican fajitas with various fillingsBake potato with various fillingsFruit salad and ice cream  | Spaghetti MeatballsVegetable lasagne Crispy Cake and fresh fruit | Cheese or Ham toasties with wafflesIce lolly and fresh fruit |
| Afternoon snack | Pancakes with spread, Fresh fruitfresh milk or water | Sponge CakeFresh fruitfresh milk or water | Breadsticks and selection of dipsFresh fruitfresh milk or water | Wraps with fillingsFresh fruitfresh milk or water | Sausage and cheese rollsFresh fruitfresh milk or water |

