**Balmore Kindergarten Menu – Week 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water | Selection of cereal and toast with milk or water |
| Soup of the week  |  Potato and leek soup with selection of sandwiches  |
| Lunch choice 1Lunch choice 2 - VPudding | Plain/ham omelette Toast and beans Yoghurt /Banana and watermelon  | Cowboy PieMac and cheese with peasBiscuits/Apple and melon | Beef pot Pie (Beef, carrots, peas with pastry)Cheese Pizza and garlic breadJelly /pears and tangerine | Fish fingers and beansCreamy tomato pasta Crispy Cake /Pineapple and banana | Cheese or Ham toasties with wafflesFruit Salad |
| Afternoon snack | Bagels with cheese or jam Fresh fruitfresh milk or water | Sponge CakeFresh fruitfresh milk or water | Breadsticks and selection of dipsFresh fruitfresh milk or water | Wraps with cheese or hamBabies/A/C – Crackers with butter/cheeseFresh fruitfresh milk or water | Digestive biscuits and yoghurtFresh fruitfresh milk or water |

