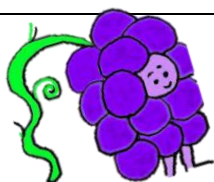


Baltimore Kindergarten Menu –

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereal, toast and fresh fruit with milk or water.	Selection of cereal, toast and fresh fruit with milk or water.	Selection of cereal, toast and fresh fruit with milk or water.	Selection of cereal, toast and fresh fruit with milk or water.	Selection of cereal, toast and fresh fruit with milk or water.
Lunch choice 1	Handmade breaded chicken goujons with crispy potatoes and veg Tomato and cheese pasta Yoghurt	Broccoli and cheese pasta bake	Sausage mash and onion gravy with peas	Veg curry with rice and peas	Cheesy beano with Toast
Lunch choice 2			Potato and leek soup with sandwiches	Cod cakes with boiled potatoes and green beans	Lasagne with garlic bread
Pudding			Mince pie, carrots and sweetcorn Jelly and fresh fruit	Frozen yoghurt	Homemade brownies
Afternoon snack	Filled sandwiches	Selection of tea biscuits and crackers, cheese cubes and pickles	Filled sandwiches	Unsalted/unsweetened popcorn	Homemade sponge with low sugar jam topping



Afternoon snacks will also include fresh fruit platters milk and water is provided at all meal times and throughout the day

Homemade soup will also be available for lunch times each day

